

## **CERTIFICATE** OF PARTICIPATION

This is to certify that

## **Adele Lucas**

Has successfully participated & completed the

5km Prison Break Night Run & Walk

held at Leeuwkop Golf Club.

## **TIME** 00:54:46

PACE 10:57/km

**GENDER** 130 of 144 **40 - 49** 33 of 38

outTime

Signature

**OVERALL** 205 of 223

20 February 2019, Wed

Date